

Individual In-Depth Interview Guide: **WOMEN**

Interview Schedule

Interviewer Comments:

Interviewer code _____

Date _____

District _____ Location _____

Venue _____

Time: from _____ to _____

IN-DEPTH INTERVIEW WITH INDIVIDUAL WOMAN WHO HAD NORMAL DELIVERY AND EARLY POSTPARTUM RECOVERY IN PAST SIX MONTHS

Respondent Code:	Name:
Address/Location:	Household Composition:
Delivery Date (approximate): (1) (2) (3) (4) (5) (6) month(s) ago	Age: (16-20) (21-25) (26-30) (31-35) (36-40) (41-45) (46-50) (>51)
Distance to facility w/ maternity: (less than 5km) (more than 5km)	Closest facility w/ surgical capacity:
Educational Level:	Parity:
Occupation:	Religion:
Ethnicity:	Nearest TBA:
Distance of TBA's home:	Distance of TBA to facility w/ maternity:
Site of last delivery: (home, by self) (home, w/ TBA) (TBA's home) (facility) (other: _____)	

RESEARCH OBJECTIVES:

Overall Objectives:

- A. To identify factors which contribute to current maternal care-seeking behaviors
- B. To determine the amenability of care-seeking behaviors to change and barriers
- C. To document social networks and communication channels which facilitate rapid dissemination of information about, and adoption of, improved practices

Specific Objectives:

- A. To identify current and potential sources of social support for preparing for childbirth, during childbirth and early postpartum; currently used and preferred information sources of women for information on childbirth and early postpartum
- B. To document preparations that women and families currently make for childbirth and new baby (including traditional preparations); identify family and community members involved in preparing for childbirth and early postpartum, and what role they play in care seeking decision-making during and after childbirth
- C. To determine the level of autonomy of women, freedom of movement to access skilled care if they prefer it, relative contribution of woman herself in decision making and initiation of action for skilled care seeking behaviors
- D. To identify factors that influence preferred childbirth location/childbirth attendant; document reasons for differences between preferred/intended/actual childbirth attendant and actual childbirth location
- E. To explore knowledge of and attitudes toward obstetric complications and emergencies; perceived causes of and treatment for obstetric emergencies; perceived personal risk/susceptibility; current advance preparation for possibility of obstetric complications

DO NOT READ OBJECTIVES OUT LOUD TO INTERVIEWEE!

Say: This is part of a study to learn more about how we can help women be healthier in pregnancy and childbirth. I want to ask you questions about your most recent delivery.

Engage in small talk to make the woman feel at ease. For example:

Tell me a little about yourself. Who else lives here with you? Where is your family from? When was your baby born? What is his/ her name? Do you have other children? Etc...

BIRTH PREPAREDNESS

Notes for the Interviewer

Key ideas to explore:

- What types of routine preparations are made for childbirth?
- Who helps in planning and making preparations for birth?
- How does the issue of cost affect selection of birth location?
- Why and when do women go for antenatal care?

Say: First, I'd like to ask you about how you got ready for your most recent delivery.

Questions to ask:

1. During your pregnancy, did your family discuss where you would to deliver?

If yes: Who was involved in the conversation? Who initiated it? What was said? What were all the places for delivery you considered? Did everyone agree on where you should deliver? If no, who actually made the decision? Why did you choose (*mention preferred delivery location*)?

If no: Why not?

2. What preparations did you make for your most recent delivery?

For yourself? For the new baby? Who was involved? When were these preparations made?

3. How did you and your family decide which preparations to make?

Who was involved in the decision-making? Were there any disagreements along the way? What? Why?

4. When you were thinking where to deliver, did you know how much it would cost?

If yes: How did you know? How much did you think it cost for (*mention each locations considered*)? How did knowing the cost affect the preparations or plans you or your family made for the delivery? Did you set aside any money or purchase any items in anticipation of the delivery?

If no: Did you try to find out how much it would cost? How? Did not knowing make it easy or difficult for your family to decide where you should deliver? If you had known in advance, do you think that you would still have delivered at (*mention delivery location*)? Did you set aside any money or purchase any items in anticipation of the delivery?

5. Did you go to a health facility for care during this most recent pregnancy?

If yes: Why? How many times did you go? At what stage in your pregnancy did you go?

If no: Why not? Did you seek antenatal care from someone else? Who?

6. How prepared did you feel you were when the time came to deliver?

Was there anything you wanted to prepare but were not able to get ready? What? Why were you unable to make those preparations? How supportive did you feel that your family was in helping you prepare?

SKILLED CARE AT CHILDBIRTH

Notes for the Interviewer

Key ideas to explore:

- Where do women prefer to deliver?
- What are barriers to delivering in health facilities?

Questions to ask:

7. Where did you deliver your last baby?

Why did you deliver there? Who helped you during your labour? Who helped you at the moment the baby was born? Was there anybody else there? What did they do? Why?

If birth place other than home: How was transportation arranged? How long did it take to get there?

8. Was there anything in particular that you liked about the care you received from (name above care provider) who helped you deliver?

What? Why? Was there anything that you did not like? What? Why? What would have been different if you had delivered with a (mention other birth options)?

9. In your view, what is the best place to deliver and why?

Who is the best person to provide care during labor and delivery and why? Is there anything that you might do differently for your next childbirth? What? If your best friend were pregnant, where would you recommend she deliver? Why?

10. How much did your delivery cost?

What were all the things that you or your family actually had to pay for where you delivered: fees to the health facility or provider, medicines, supplies, transport, food, expenses for someone to accompany you, other? Was it easy or difficult to meet these expenses? How did you pay: set money aside in advance, use cash on hand, own money plus help from someone, sell asset, other?

SKILLED CARE FOR OBSTETRIC EMERGENCIES

Notes for the Interviewer

Key ideas to explore:

- What do women know about obstetric complications?
- How do women feel about planning for obstetric emergencies?

Say: Some women experience complications in late pregnancy, childbirth and the first weeks after delivery. It would be helpful to hear more about these problems.

Questions to ask:

11. Around here, what types of complications can women have?

Complications during late pregnancy? During childbirth? During the first few weeks?

12. Out of all these problems, which do you think are the most serious?

For each problem ask:

- a) Did you yourself ever have that problem in any of your pregnancies/ births?
- b) Do you think you might ever have that kind of trouble? Why/why not?
- c) Do you know anyone who had that problem?
- d) Do you know what causes that problem?
- e) What can happen to the woman who has this problem?
- f) What do people usually do when that problem occurs? Why?
- g)

13. Had you made plans in case problems like these occurred?

If yes: What did you do? Why?

If no: Why not?

14. Do you know if it costs more when you have a complication?

Do you have any worries about paying these extra costs?

EARLY POSTPARTUM CARE

Notes for the Interviewer

Key ideas to explore:

- What are customary practices during the first two weeks after childbirth?
- How do women view early postpartum care on a routine and emergency basis?

Say: We talked about preparing for delivery, and about giving birth. Now I would just like to ask you a few more questions about the time right after childbirth.

Questions to ask:

15. Did anyone examine you in the first 24 hours after you gave birth?

Who did the check-up? When? Where? What did they do?

16. Did anyone come to your home in the first weeks after you gave birth?

Who? How soon after the baby was born? What did they do? Are there any particular people who will not be allowed to come to your home so soon after you have given birth?

17. How soon after your last birth did you first leave the house?

Can women leave the house whenever they want after childbirth? How long? Why? Are there exceptions?

18. Did you go to a health facility for a check up for yourself after the delivery?

If yes: Why did you go? How soon after the birth did you go? Who went with you? Did you have to pay for any of this care? If so, how much? Did you have any trouble making this payment?

If no: Why not? If a woman has a normal delivery and a healthy baby and feels well, will she go for a check-up for herself? Why or why not? Should she go to a TBA?

SOCIAL NETWORKS/ COMMUNICATION CHANNELS

Notes for the Interviewer

Key ideas to explore:

- How do pregnant women get information and support from their household and community?

Say: I'm also interested to hear how women around here learn about childbirth.

Questions to ask:

19. What have you been told to expect during childbirth?

What were you told that you should or should not do? Who gave you this advice? Were there other people you talked to about childbirth? Who? Did you have any other sources of information – radio, theatre, health talks, newspapers, magazines, other?

20. Were there particular things you wanted to know about childbirth?

The people you've mentioned, did they answer your questions? Do you wish you had known more about childbirth before you actually gave childbirth? What?

21. Did you feel comfortable discussing birth-related topics with your...?

Ask about each person: Husband? Mother/ Mother-in-law? Sisters/ Friends? Other? Why?

Say: Thank you for answering all our questions about giving birth. Your answers have been helpful. Maybe you have thought of something that we have left out. Is there anything else that you'd like to tell me/ us about your experience?

THANK YOU VERY MUCH FOR TAKING THE TIME TO TALK TO ME/US.